

RECOMMENDED TIMETABLE OF IBAADAT IN THE BLESSED HARAM SHARIEF .

<u>TAHAJJUD</u>	4 TO 12 RAKAATS	DUA \\HIZBUL AZAAM .etc	15mins QURAAN	100 ASTIGFAAR TASBEEH FATHIMAH	Minimum 100 DUROOD	Minimum 100 1 st , 3 rd & 4 TH KALIMA
<u>FAJR</u>	PERFORM	DUA FOR UMMAH	READ QURAAN	PERFORM your QAZAAH	ISHRAAQ 4 RAKAATS	BEFORE JUMMAH
<u>ZUHR</u>	ALL	SICKLY	At least	SALAAH.		PERFORM
<u>ASAR</u>	SALAAT	JOBLESS	15 mins	BEWARE		SALAAT-UL
<u>MAGHRIB</u>	WITH	JANNAH	Before &	OF	AWAABEEN 6 RAKAATS	TASBEEH / HAJJAAT
<u>ESHA</u>	JAMAAT	STRAIGHT	After every	TIMES		TAUBAAH
<u>AFTER ESHA</u>	IN HARAM . TAWAAF / 40 DUROOD	PATH. REFUGE FROM JAHANNAM.	Salaat to make 1 complete khataam.	SUNRISE , ZAWWAAL, SUNSET.	READ DUROOD IN ABUNDANCE	QAZAAH (missed salaat during lifetime .

KINDLY NOTE THE ABOVE IS ONLY A RECOMMENDATION . REMEMBER INTENTION FOR PLEASURE OF ALLAH (S.W.T.) .TO REFORM YOUR SOUL , LIFE , GAIN = LOVE OF ALLAH (S.W.T.)

PLEASE FOLLOW WHAT IS SUITABLE FOR YOU. BE THANKFUL (SHUKR) & PATIENT (SABR) .

COMMON SINS / DISOBEDIENCES THAT WE ARE INVOLVED IN THAT WE DO NOT REGARD AS SIN . THE MAIN CAUSE / SIN IS UNMINDFULNESS OF ALLAH (S.W.T.); LEADS TO FOLLOWING.

- BACKBITING , SLANDERING , CARRING OF TALES, TELLING LIES, SUSPICION .
- PRIDE , GETTING ANGRY ,SWEARING AND USE OF FOUL LANGUAGE .
- WATCHING TELEVISION , MOVIES, INTERNET & CELLPHONE ABUSE .
- ZINA OF EYES , EARS, TONGUE ,HANDS etc.
- RIBA (INTEREST) , GAMBLING, CLUBBING , DANCING , MUSIC , SUBSTANCE ABUSE .
- LOVE FOR WORLD ,MONEY , HOLLYHOOD & BOLLYHOOD , SPORT , ENTERTAINMENT .
- UNMINDFUL OF LAWS OF ALLAH (S.W.T.) & SUNNAH OF NABI (S.A.W.).
- LIVING BEYOND OUR MEANS /ABUSE OF CREDIT CARD – CR FACILITIES etc. .
- DISRESPECT TO PARENTS , ULEMA , AGED, TEACHERS etc.
- NOT READING SALAAH, NOT FASTING ,NOT PAYING ZAKAAH , NO HAJJ PERFORMANCE .
- DISRESPECT FOR SIGNS OF ISLAM - QURAAN , MASJID , ULEMA , HADITH , SAHABAAH (R.A.) , ISLAMIC INSTITUTIONS , LITERATURE etc.
- BEING UNGRATEFUL FOR THE FAVOURS THAT ALLAH (S.W.T.) HAS GIVEN TO US .
- BRIBERY & CORRUPTION. USE OF ALCOHOL & DRUGS.

THE ABOVE ARE ONLY SOME OF THE THINGS WE SHOULD PLEDGE TO STAY AWAY FROM & SINCERELY MAKE TAUBAAH FROM.

KINDLY REMEMBER US IN YOUR DUAS. YUSUF AND FAMILY.